

2020-2021 Sport Signups & Physical Examinations –

FIRST SPORT OF THE SCHOOL YEAR

We will be utilizing an online registration program, Student Central, to both signup and submit PIAA Physical Packets (CIPPE Forms) for the 2020-2021 school year. We are encouraging all students who plan on playing a sport during the 2020-2021 school year to follow the steps listed below to both sign up and submit all required forms. This includes Fall, Winter and Spring sports. While students will be able to change which sports they sign up for throughout the school year, we are strongly encouraging all students to complete the signup process now, which will allow us to better communicate with each team in advance of every season. If a student is even considering participating at this time, they should sign up now.

Sport Physicals for the 2020-21 school year were held on August 3rd. If you still need a sports physical and are unable to attain a physical from your family physician, you can also have the physical performed by most Urgent Care facilities. Information on walk-in sport physicals at PSHSJ Urgent Care can be found on the athletic website under Team Registration.

ALL SPORT PHYSICALS FOR THE 2020-21 SCHOOL YEAR MUST BE AUTHORIZED AFTER JUNE 1, 2020!

If you have any questions about this new process or need help in completing the online forms, please contact the Athletic Office. Appointments can be scheduled to complete the online forms in-person in the Athletic Office, but both the student and the parent will need to be present in order to complete the process during an Athletic Office appointment.

Checklist

- Follow the directions on the PlanetHS/Student Central information sheets to create a new account – links to access these directions can be found on the athletic website under 2020-21 Registration. There is also a “Online Registration” button towards the top of the athletic website that will take you directly to our Student Central website. This will require the student and the parent to both create an account on this platform. Once both the student and parent have created an account you will need to link the accounts and then complete all required forms on Student Central including: PIAA Personal & Emergency Information (Section 1), PIAA Certification of Parent/Guardian (Section 2), PIAA Concussion Form (Section 3), PIAA Cardiac Awareness Form (Section 4), PIAA Pre-Participation History Form (Section 5), PIAA Physical Exam Form (Section 6 – doctor completed), PIAA COVID-19 Release/Waiver (Section 10), Student-Athlete Code of Responsibility, and the Athletic Participation Form. PLEASE MAKE SURE THAT WHEN YOU CREATE YOUR ACCOUNT THAT YOU SELECT THE CORRECT SCHOOL – STUDENTS IN GRADES 7-8 SHOULD SELECT OLEY VALLEY MIDDLE SCHOOL AND STUDENTS IN GRADES 9-12 SHOULD SELECT OLEY VALLEY HIGH SCHOOL.

- Once all forms are completed, print the PIAA Pre-Participation History Form (Section 5) and the PIAA Physical Exam Form (Section 6) and take it to your family doctor urgent care. Directions on how to print these 2 forms from PlanetHS/Student Central can be found on the Athletic Website under the 2020-21 Team Registration information. The doctor will need to complete the physical exam form and then you will need to upload the form to your account (can scan it or take a picture of it and upload the picture). The physical exam must be certified/dated after June 1, 2020 – NO EXCEPTIONS CAN BE MADE TO THIS CERTIFICATION DATE! Also any student who is prescribed an Asthma inhaler must have a completed Asthma Action Plan on file each year. The AAP form for inhaler use can be found on the athletic website under “Team Registration” and should be returned before the start of the season to the Athletic Office or School Nurse.

For the Winter season, please make sure that you complete all online forms on Student Central by **Friday, November 13th**. Students will not be cleared to play until all forms are completed on Student Central. If you cannot submit all forms before November 13th, please contact the athletic office to make alternative arrangements. It is critical that we have all forms submitted before the first day of each season. ***Any student submitting the required forms after the due date will not be cleared to participate for 24-72 hours after submission of the completed CIPPE forms so that all records can be reviewed with our athletic training staff/coaches.***

If you have not done so in previous years, sign up for a parent/fan account on the Athletic Website (www.ovlynx.org). If you do already have an account, please make sure you update which teams you would like to receive schedule change notifications for the 2020-2021 school year. Directions on how to create an account on the www.ovlynx.org website can be found at the end of this memo.

Note: *Students who wish to participate in a Spring sport will need to complete proper recertification forms on Student Central before the Spring season starts. At minimum, Section 7 of the CIPPE form must be completed before the start of a new season. Recertification process information will be distributed before the Spring season.*

Questions regarding sports physicals and sign-ups should be directed to the Athletic Office at 610-987-4111.

**First practice day for High School Winter Sports is Friday, November 20th, 2020.
First practice day for Middle School Winter Sports is Tuesday, December 1st, 2020.**

Tentative game schedules are available on the athletic website at www.ovlynx.org and tentative Winter practice schedules will be posted by November 16th. Due to other school events/conflicts and weather, all schedules are subject to change throughout the season.

ATHLETIC WEBSITE & SCHEDULE CHANGE NOTIFICATIONS: WWW.OVLYNX.ORG

All parents are asked to sign-up on the Athletic Website for a parent/fan account. By doing so you will be able to receive text and/or email alerts in-season when practices and contests are postponed or canceled. It will also allow the Athletic Office to be able to send emails and booster club fundraiser information to all parents who sign up for a parent/fan account. Be the first to find out about in-season schedule changes by creating your own parent/fan account today!

***Please note that the fan account/schedule notifications are different than your PlanetHS/Student Central accounts. In order to receive the schedule change alerts, you must have an active fan account on the athletic website.*

Directions for creating a parent/fan account:

- 1 – Visit www.ovlynx.org
- 2 – Click on the “SCHEDULE CHANGE ALERTS” link found on the top navigation menu (FALL, WINTER, SPRING, CALENDAR, TEAM REGISTRATION, ATHLETIC RESOURCES, *SCHEDULE CHANGE ALERTS*)
- 3 – Click on the “Create New Fan Account” link. *If you already have an account and just need to update which teams you want notifications for during the 2020-2021 school year you can login to your existing account on this page.
- 4 – Complete all required fields to create your account. Once your account is created you will be re-directed to the Fan Dashboard page.
- 5 – Click on the “MY FAVORITES/ALERTS” link found on the top navigation menu of the Fan Dashboard. First click on “ADD A SCHOOL” and search/select “OLEY VALLEY”. Next click on “ADD A TEAM” and select the Sport, Level and Gender for the team in which you wish to get schedule change notifications and/or any email announcements from the Athletic Office for the 2020-2021 school year. You can repeat this step for as many teams as you wish to subscribe to, but please note that you will stay subscribed to those team alerts until you

would modify your account to remove your selected teams. Return to the “Favorites” tab to remove any teams that you no longer wish to be subscribed to for the 2020-2021 school year. Please note that only the Sports/Levels/Genders listed below are used for the team schedules found on www.ovlynx.org.

6 – Click on the “Alerts” tab which is found under the Favorites/Alerts menu. Your selected favorite teams will appear on this screen and you can select the check boxes for if you want Schedule Changes and/or Scores and Stats notifications (please note that we do not use the score/stats reporting and alerts).

7 – Finally click on the “Alert Settings” tab which is found under the Favorites/Alerts menu. This is where you will put an email address and/or a cell phone number if you wish to get any alerts via email and/or text messages. As long as you have team alerts selected on the Alerts tab, you will then get schedule change notifications for those selected teams to the email address and/or cell phone number that you list on your Alert Settings.

***Sports/Levels/Genders that will be used for team schedules for the 2020-2021 school year:**

Sport	Level	Gender	Sport	Level	Gender	Sport	Level	Gender
Baseball	High School	Boys	Cheerleading	Middle School	Coed	Soccer	Middle School	Girls
Baseball	Junior Varsity	Boys	Cross Country	High School	Coed	Softball	High School	Girls
Baseball	MSA	Boys	Cross Country	Middle School	Coed	Softball	Junior Varsity	Girls
Baseball	MSB	Boys	Field Hockey	High School	Girls	Softball	MSA	Girls
Basketball	High School	Boys	Field Hockey	Middle School	Girls	Softball	MSB	Girls
Basketball	Middle School	Boys	Golf	High School	Coed	Track & Field	High School	Coed
Basketball	High School	Girls	Golf	Junior Varsity	Coed	Track & Field	Middle School	Coed
Basketball	Middle School	Girls	Soccer	High School	Boys	Wrestling	High School	Boys
Bowling	High School	Coed	Soccer	Middle School	Boys	Wrestling	Middle School	Boys
Cheerleading	High School	Coed	Soccer	High School	Girls			

**Coop Sports should be registered for schedule alert notifications using the Host School Name and Sport/Level/Gender used by the host school.*